## Volunteer opportunities

Location	Description	Days	Times	Contact person	Phone
Blessed Sacrament – 607 Central Ave	Food Pantry – serving clients. Volunteers make up bags, check clients in, assist clients in choosing some items	Monday and Thursday	Pantry open 10 until 11:15, workers are here 9:30- 11:30	Sr. Jude	482-3375
	Food Pantry delivery – help with unloading deliver y truck and help to stock selves	2 <sup>nd</sup> and 3 <sup>rd</sup> Tuesdays of each month	Need to be available 9 – 11	Sr. Jude	482-3375
	Thrift Store – assist customers with purchases. Help to keep inventory in order. Sort through donations. Carry unusable items to the dumpster	Wednesdays and Saturdays	10 am – 1 pm	Rosemary Mineau	482-3375
	Thrift store set up - help to sort through donations and put out merchandise for the next day	Tuesdays and Fridays	Mornings	Rosemary Mineau	482-3375
Sr. Maureen Joyce Center- 315 Sheridan Ave	Food Pantry - serving clients. Volunteers make up bags, check clients in, assist clients in choosing some items	Tuesday, Wednesday and Friday	Pantry open from 9 to 1. Volunteers needed from 8:45 until 1:30	Mary Sheridan	482-3375
	Food Pantry Delivery - help with unloading deliver y truck and help to stock selves.	First, Second and fourth Tuesday	Need to be available 9 – 11	Mary Sheridan	482-3375
Sr. Maureen Joyce Center –	<b>Soup Kitchen</b> – Prepare, serve and clean up after noon time meal.	Monday and Thursday	Volunteers are there from 9 to 1:30	Mary Sheridan	482-3375
369 Livingston Ave		Sunday (Congregation Beth Emeth)	Volunteers are there from 11 until 2:30	Roberta Fox	Through website:  www.BethEmethAlbany.org  Towards the bottom under Volunteer  Opportunities –soup kitchen is a link.

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