

**NEWS FROM OUR PARISH MINISTRIES**

\*The **Over 50 Club** will meet on Monday, March 3<sup>rd</sup> at 12:30 p.m. in the church hall. Bring your lunch, beverage, and something to share. Any questions, please call Anne Snyder at (518) 869-5247.

\*2024 **tax statements** are available! If you would like a copy of yours, please contact our parish office.

\*The **Rosary Guild's Baby Shower** will be held at noon on Sunday, March 30<sup>th</sup>. Also, please note that their next meeting will be held on Thursday, March 13<sup>th</sup> at 12:30 p.m. in the church basement. They'll be collecting pasta, sauce, and tuna for the food pantry. Lunch will be corned beef sandwiches. All women of the parish are welcome! We hope to see you at both of these events!

\***Holy Name Society (HNS)** raffle tickets (\$1 each) are always available at the parish office, from HNS officers, at weekend Masses, and by mail. Any *unused* raffle tickets may be returned to the rectory. The next drawing/meeting is scheduled for Ash Wednesday, March 5<sup>th</sup>, at 7 p.m. All parish men are invited to attend.

**FOOD PANTRY**

\***Our food pantry currently needs the following items:** canned corn and personal hygiene items. **Food pantry volunteers are also needed** from 9 a.m. to noon on Mondays and Fridays. If you can help, please contact our parish office!

**THE BOUTIQUE**

\*Shopping hours are 9 a.m.-noon Saturdays, with donations accepted on Tuesdays and Fridays, 9 a.m.-noon. We cannot accept books, some electronics, fabric scraps, or clothing in need of repair or dirty. Unwanted items are an expense to the church to dispose of. **We are no longer accepting winter clothing.**

*Beginning Experience of the Hudson Valley is a 50-year-old peer-led Catholic ministry. Our programs are faith-filled, offering solace to those who grieve, and are open to people of all faiths. We are holding an in-person overnight **Healing Weekend program** at Mount Alvernia Retreat Center, Wappingers Falls, from March 28<sup>th</sup>-30<sup>th</sup>. To register or for more information, please contact Phyllis at (914) 261-5812 or Renee at (845) 374-2101.*

**COLONIE CENTER SCHOOL BUCKS PROGRAM**

**Turn in your shopping receipts to our parish or school offices! Thank you for your continued support!**

**February 2025 Opportunities:**

**3X:** Carters, Famous Footwear, Hallmark, Go Playland

**4X:** Regal, Five Below, H&M, L.L. Bean

**1,000 bonus points for every Five Below receipt turned in!**

Visit the School Bucks website:  
<https://shopatcoloniecenter.com/School-Bucks/>

**HAPPENING IN OUR COMMUNITIES**

\*St. Michael the Archangel Church in South Glens Falls will host **"The Way of the Cross"** performed by The Mystery Players from Immaculate Heart Central School, Watertown. These "living Stations" are presented in a reverent, creative way. This free performance will take place on Friday, March 21<sup>st</sup> at 7:30 p.m. For more information, please call (518) 792-5859. *Note: Due to the somber nature and theatre effects, this experience is not recommended for very small/younger children so as to not frighten them.*

\*A Lenten retreat for **Catholic medical professionals** will take place on Saturday, March 29<sup>th</sup> from 8:30 a.m. to 1 p.m. at St. Pius X Church, 23 Crumitie Rd., Loudonville. To register, visit <https://forms.gle/MGV9aREx9SaQWR3MA>.

\*Our own Fr. Stephen Yusko will present a talk titled, **"The Sacrament of Holy Matrimony"** as part of the "Furthering Your Faith" series on Thursday, March 6<sup>th</sup> at 6:30 p.m. at St. Madeleine Sophie Church, 3500 Carman Rd., Schenectady. Eucharistic Adoration and Confession will be available immediately afterward.

\*We are in a spiritual battle! How do we recognize the enemy? How do we win? Come learn more at a social event for young adults (ages 18-39) and older generation (ages 65+) to discuss the topic of **"Battling Spiritual Warfare"** on Wednesday, March 26<sup>th</sup> from 6:30-8:30 p.m. at Corpus Christi Church's parish hall, 2001 Route 9, Round Lake. The presenter will be Bishop Scharfenberger; hors d'oeuvres, desserts, and refreshments will be served. There is no cost, but a free-will offering will be available. The goal of this event is to bridge the gap between older and younger generations via discussions about faith and how we can help each other and the Church as a whole.

\*The *Ignatian Volunteer Corps (IVC)* Albany will present liturgical composer and songwriter **Dan Schutte** for a Lenten Evening of Song and a Lenten Retreat at Christ the King Church, 20 Sumter Ave., Albany, on March 28<sup>th</sup> at 7 p.m. and March 29<sup>th</sup> at 9:30 a.m. For information, visit online: [ivcusa.org/Schutte](http://ivcusa.org/Schutte).

**OFFERTORY: SHARING OUR TREASURE**

**Regular:** \$6,604; **Fuel:** \$75; **The Evangelist:** \$138; **School:** \$295

*We need at least \$9,000 each week in our collections to break even — not counting unexpected maintenance costs. Thank you so much for your prayerful giving as an act of worship!*

*The weekend of March 8<sup>th</sup> and 9<sup>th</sup>, our second collection will go toward **Black & Indian Missions**. For more information, visit online: [blackandindianmission.org](http://blackandindianmission.org).*

*The printing of our parish bulletin is generously provided by:*



208 N. Allen St., Albany, NY, 12206; (518) 489-0188  
Visit their website: [www.mcveighfuneralhome.com](http://www.mcveighfuneralhome.com)

**BLESSED SACRAMENT CHURCH**

607 CENTRAL AVE., ALBANY, NY 12206

**LORD, IT IS GOOD  
TO GIVE THANKS TO YOU.**  
♥ - Psalm 92



**2 MARCH  
2025**

**EIGHTH SUNDAY  
IN ORDINARY TIME**

<p><b>BAPTISMS</b></p> <p><b>FUNERALS</b></p> <p><b>WEDDINGS</b></p>	<p><b>SATURDAY, 3/1/25 — 9 AM</b></p> <p><b>4 PM</b></p> <p>✠ Barney Bologna ✠ Edward Weingarden, Jr. ✠ Carol Phelan ♥ Bill C ♥ Kaitlyn Wilson Thompson</p>	<p><b>SUNDAY, 3/2/25 — 9 AM</b></p> <p>For the People Pro Populo</p> <p><b>6 PM — URDU</b></p> <p><i>Eighth Sunday in Ordinary Time</i></p>
	<p><b>MONDAY, 3/3/25 — 7 AM</b></p> <p>✠ Lenore Warren ✠ Robert Brandenstein</p>	<p><b>TUESDAY, 3/4/25 — 12 PM</b></p> <p><i>Confession and Adoration: 12:30-1:30 p.m.</i></p> <p>✠ James B Ryan (9th Ann) ✠ John Borromeo</p>
	<p><b>WEDNESDAY, 3/5/25 — 7 AM</b></p> <p>✠ Patrick Riley ✠ Katherine Cudzey ✠ Jack &amp; Brian Cromie ✠ William C Ingersoll (1st Ann)</p> <p><b>9 AM</b> Service with Ashes <b>12 PM</b> Service with Ashes <i>Ash Wednesday</i></p>	<p><b>THURSDAY, 3/6/25 — 12 PM</b></p> <p><i>Confession and Adoration: 12:30-1:30 p.m.</i></p> <p>✠ Deceased Members of the Brennan, Neilon, Krzyanek, Zakens Family ♥ Kaitlyn Wilson Thompson</p>
	<p><b>FRIDAY, 3/7/25 - 12 PM</b></p> <p><i>Stations of the Cross: 12:30 pm</i></p> <p><i>Please note: Mass intentions with a ✠ indicate that the person is deceased; ♥ indicates that the person is alive.</i></p> <p><i>If you are having a Mass offered and would like to bring up the gifts, please see an usher before the liturgy begins.</i></p>	
	<p><b>SATURDAY, 3/8/25 — 4 PM</b></p> <p>✠ Krisann Crouchley ✠ Helen &amp; Harm Swits ✠ Evan Kvinlauq ♥ Michael Anthony Sparks</p>	<p><b>SUNDAY, 3/9/25 — 9 AM</b></p> <p>✠ Mary Ellen Kalled ✠ Antonio Pebreira ✠ Cesario Rodriguez ✠ Judite Sabado Gomez ✠ Mary Schmitz</p> <p><b>6 PM — URDU</b></p> <p><i>First Sunday of Lent</i></p>

**CELEBRATION OF THE EUCHARIST**

**Weekend Masses:** Saturdays, 4 p.m.; Sundays, 9 a.m. (*English*) and 6 p.m. (*Urdu*)

**Weekday Masses:** As scheduled in the bulletin

**Reconciliation (Confession):** Tuesdays & Thursdays, 12:30-1:30 p.m.; Saturdays, 3-3:40 p.m.

**Adoration of the Blessed Sacrament:** Tuesdays & Thursdays, 12:30-1:30 p.m.

**CONTACT US**

607 Central Ave., Albany, NY 12206  
**Website:** [www.blessedsacramentalbany.org](http://www.blessedsacramentalbany.org)  
**Office Phone:** (518) 482-3375  
**Office E-mail:** [blessedsacramentalb@gmail.com](mailto:blessedsacramentalb@gmail.com)  
**Office Hours:** Monday through Friday, 9 a.m.-4 p.m.  
**For submitting bulletin items:** [bulletin.blessedsacrament@gmail.com](mailto:bulletin.blessedsacrament@gmail.com)

**STAY CONNECTED**

**Parish Website:** [blessedsacramentalbany.org](http://blessedsacramentalbany.org)  
**"Like" us on Facebook:** [www.facebook.com/blessedsacramentcatholicchurch](http://www.facebook.com/blessedsacramentcatholicchurch)  
*(Sunday Masses are livestreamed here)*  
**Subscribe to our YouTube channel:** <https://www.youtube.com/@BSCAlbany>  
**Download myParishApp:** Text app to 55321

*In case of an emergency requiring the ministry of a priest, outside parish office hours (and especially in danger of death), please contact the priests at (518) 482-3375. If no one answers, please leave a message.*

## FROM THE PASTOR

According to both Sirach and Jesus, both the words we speak and the actions we perform all flow out of the *character* that we have, of who we are. *Who I am* is the origin of *what I do*. Thorn bushes will never bear grapes, nor grape vines bear thorns.

I am the way I am for a number of reasons. Partly, by my upbringing, partly, by environmental circumstances, but mostly by God's design.

But unlike thorn bushes or apple trees, we have free will, and we can choose to act against type, to act against our nature. This is the nature of our will power, and our power to choose. The more we choose to do or say something, the more habitual it becomes, *the more we change ourselves*. Not only do our actions flow from our character, but our character can be affected, and changed, by our actions. It's hard, but the more we choose to do difficult things that are good, even if they are hard (they may not seem to naturally flow from our character), the more our character *can* change, can grow, can become more holy.

Take generosity. If I'm a Scrooge, it's really hard for me to be generous. If I start small, and give a little, and later try again, and try to be more generous, then eventually I can get better at it, and become a generous person, out of whom generosity flows, by nature.

As Lent is starting Wednesday, this is often a time that we take on some spiritual exercises, by which we look for change in our character, so that we can become the type of tree that naturally bears good fruit.



Rev. Francis O'Connor, Chaplain  
Rev. Mr. Miguel Fabian, Deacon  
Alejandra Saucedo, Pastoral Associate  
Debbie Klose, Organist  
Confesora Franco, Faith Formation

273 Central Ave., Albany, NY, 12206; (518) 465-3685  
[www.ourladyoftheamericas.org](http://www.ourladyoftheamericas.org)

**Mass Schedule:** Sundays, 9 a.m. (English) and 11 a.m. (Spanish); *please note that there will be no Masses on Tuesdays or Fridays until Fr. O'Connor returns.*

*As Lent begins, please note the following fasting guidelines from the United States Conference of Catholic Bishops (USCCB). Ash Wednesday (March 5<sup>th</sup>) and Good Friday (April 18<sup>th</sup>) are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. The norms of fasting are obligatory from age 18 until age 59. Fasting means that a person is permitted to eat one full meal. Two smaller meals may also be taken, but they are not to equal that of a full meal. The rule of abstinence from meat is binding upon Catholics age 14 and older. Those who are excused from fast and abstinence outside the age limits, however, include the physically or mentally ill, including individuals suffering from chronic illnesses. Also excluded are pregnant or nursing women. In all cases, common sense should prevail — and ill persons should not jeopardize their health by fasting.*

### BLESSED SACRAMENT PARISH STAFF

Rev. Daniel Quinn, Pastor  
[blessedsacramentalb@gmail.com](mailto:blessedsacramentalb@gmail.com)  
Rev. Stephen Yusko, Parochial Vicar  
[stephen.yusko@rcda.org](mailto:stephen.yusko@rcda.org)  
Rev. Francis O'Connor, Shrine Chaplain  
Rev. Dr. Gerald Ladouceur, Deacon  
[ladouceurg@aol.com](mailto:ladouceurg@aol.com)  
Ed Savoy, Music Director  
[blessedsacramentalbanymusic@gmail.com](mailto:blessedsacramentalbanymusic@gmail.com)  
Barbara Collen, Administrative Director  
[blessedsacramentalb@gmail.com](mailto:blessedsacramentalb@gmail.com)

### FAITH FORMATION & YOUTH MINISTRY

Lisanne V. Jensen, Pastoral Associate  
Shannon Crisafulli, Coordinator  
E-mail: [faithformationbsc@gmail.com](mailto:faithformationbsc@gmail.com)

### WORKS OF MERCY

Sr. Patricia Lynch, Food Pantry Coordinator  
Jean Huber, Heidi Stack, Michelle Syrotynski,  
and MaryEllen Walsh, The Boutique

Sr. Maureen Joyce Outreach Center  
369 Livingston Ave., Albany, NY 12206  
(518) 462-9885

## FAITH FORMATION & YOUTH MINISTRY

\*Our next **family Faith Formation** gathering is Sunday, March 16<sup>th</sup>! We will attend the 9 a.m. Mass, then move to the school gym for breakfast and the remainder of our sessions. We will discuss the next Beatitude: "Blessed are the peacemakers, for they shall be called children of God" (Matthew 5:9). Adults (parents) stay for our gatherings and have their own faith-sharing group! (Please note that Ms. Jensen will conduct Circle of Grace safe environment training for children during this Faith Formation session. If you wish to opt out your child or have questions about the material, please contact our office.)

\***First Reconciliation** has been rescheduled for Saturday, March 22<sup>nd</sup> at 2:30 p.m. in the church! Parents and children, please arrive a little early if possible. Please keep our young people in your prayers as they experience God's unending love, forgiveness, and mercy!

\*First Communicants: please save the date of Sunday, April 6<sup>th</sup> after the 9 a.m. Mass for our **First Communion Retreat**. This event is for parents and children to participate in together and will last until approximately noon. BSS students who will receive First Communion this year are also invited (along with their parents). We will begin in the church and then visit activity stations in the school gym, including creating our First Communion banners!

### Ash Wednesday Schedule — March 5<sup>th</sup>

**All Saints Catholic Church** (16 Homestead St., Albany): 9 a.m. school service with ashes; 12:15 p.m. service with ashes; 5:30 p.m. service with ashes

**Blessed Sacrament Church:** 7 a.m. Mass with ashes; 9 a.m. school service with ashes; 12 p.m. service with ashes

**Cathedral of the Immaculate Conception** (125 Eagle St., Albany): 12:15 p.m. service with ashes

**St. Mary's Church** (10 Lodge St., Albany): 7 a.m. service with ashes; 12:05 p.m. service with ashes

**Mater Christi Church** (40 Hopewell St., Albany): 8:15 a.m. school service with ashes; 5:30 p.m. Mass with ashes

**Shrine Church of Our Lady of the Americas** (273 Central Ave., Albany): 7 p.m. service in Spanish with ashes

**St. Francis of Assisi** (391 Delaware Ave., Albany): 5 p.m. service with ashes

**St. Vincent de Paul Church** (900 Madison Ave., Albany): 12 p.m. Mass with ashes; 6 p.m. service with ashes

### THIS WEEKEND'S MASS READINGS (3/1-3/2)

FIRST READING: Sirach 27:4-7  
RESPONSORIAL: Psalm 92  
SECOND READING: 1 Corinthians 15:54-58  
GOSPEL: Luke 6:39-45

### NEXT WEEKEND'S MASS READINGS (3/8-3/9)

FIRST READING: Deuteronomy 26:4-10  
RESPONSORIAL: Psalm 91  
SECOND READING: Romans 10:8-13  
GOSPEL: Luke 4:1-13



Alexandra Faith Morazán,  
Principal

Andrea Roberts,  
Office Administrator

Kristine Ruddy,  
Advancement Director  
Phone: (518) 438-5854

[info@blessedsacramentschool.net](mailto:info@blessedsacramentschool.net)  
[www.blessedsacramentschool.net](http://www.blessedsacramentschool.net)

\*We are officially 100 days smarter! Monday, February 24<sup>th</sup> was our **100<sup>th</sup> day of school celebration**. Students enjoyed a variety of activities to mark this special day, including making 100<sup>th</sup>-day shirts; answering questions such as, "What would you do with \$100?"; and reflecting on Psalm 100 in the Bible!



\*BSS will be marching in the 2025 Albany St. Patrick's Day parade! More details to come!

\*Hungry for some chicken Parmesan? Save the date ... our school's **chicken Parmesan dinner** will take place on Saturday, May 3<sup>rd</sup>! You'll receive a delicious plate of chicken Parmesan, soup, penne pasta, bread, and a bottle of water. Tickets (\$15) will be available soon, and all proceeds will directly benefit our school! For more information, please contact Kris Ruddy at [kruddy@blessedsacramentschool.net](mailto:kruddy@blessedsacramentschool.net).

\*For all BSS students and Faith Formation young people who will receive the sacrament of First Communion on Sunday, May 4<sup>th</sup>, we will be hosting a **First Communion Retreat** on Sunday, April 6<sup>th</sup> after the 9 a.m. Mass. Please save the date! *This retreat is designed for at least one parent/guardian to participate in along with their child.* We'll enjoy a variety of activity stations to help deepen our understanding of the sacrament and also create our First Communion banners! For more information, please call (518) 438-5854, ext. 119, or send an e-mail to: [faithformationbsc@gmail.com](mailto:faithformationbsc@gmail.com).

\*Pictured below: BSS religion students in Grades 3-6 were asked to illustrate **Psalm 100** as part of their 100<sup>th</sup> day of school celebration. Their artwork was amazing and inspiring!

### Psalm 100

*A psalm of thanksgiving.  
Shout joyfully to the Lord, all you lands; serve the Lord with gladness; come before him with joyful song. Know that the Lord is God, he made us, we belong to him, we are his people, the flock he shepherds. Enter his gates with thanksgiving, his courts with praise. Give thanks to him, bless his name; good indeed is the Lord, his mercy endures forever, his faithfulness lasts through every generation.*

