

# BLESSED SACRAMENT CHURCH

607 CENTRAL AVE., ALBANY, NY 12206



Joseph, son of David,  
fear not to take unto  
thee Mary thy wife, for  
that which is conceived  
in her, is of the Holy  
Ghost.

-Matthew 1: 18-24



December 21<sup>st</sup>  
2025  
4<sup>th</sup> Week of  
Advent

BAPTISMS

FUNERALS

WEDDINGS

Saturday, 12/20/25 — 4PM  
Confession 3 - 3:40 pm

† Dominic McNulty  
† Howard & Loretta Miller  
† Stella Allesio

Sunday, 12/21/25 — 9 AM

♥ Michael Anthony Sparks  
† Daniel Lamphere Sr.  
† Ellen Fitzgerald  
† Luis Mejia Sr.  
† Gina Weir Bauer

6 PM — Urdu  
4th Sunday of Advent

Monday, 12/22/25 — 7 AM

♥ Christina  
♥ William & Brian McDonald  
† Ralph Rapello  
† Jennifer Alicea

Tuesday, 12/23/25 — 12 PM  
Confession and Adoration 12:30 - 1:30 pm

♥ Bill C  
† Helen & Stephe Zakens  
† James B. Ryan  
† Anastasia 'Anna' DelSorbo

Wednesday, 12/24/25 — 4 PM

† Jack & Brian Cromie  
† Helen & Margaret  
† Sean & Suzanne Meher

Christmas Eve

Thursday, 12/25/25 — 9 AM

Office Closed  
† Mary Ellen, Emil, David &  
† Christian Kalled  
† Ann & Elbert Anderson  
† Margaret & Otis Signer

Mass in Urdu - 4 PM  
The Nativity of the Lord (Christmas)

Friday, 12/26/25  
Office Closed

No Mass

Please note: Mass intentions with a  
† indicate the person is deceased;  
♥ indicates that the person is alive.

If you are having a Mass offered and  
would like to bring up the gifts, please  
see an usher before the liturgy begins.

Saturday, 12/27/25 — 4 PM  
Confession 3 - 3:40 pm

† Louis Huynh  
† Dave Cratty  
† Keith & Kenneth Stark

Saint John, Apostle and Evangelist

Sunday, 12/28/25 — 9 AM

† David Cratty  
† Salvatore 'Sam' Nicastro  
† Mary Dyer Pearson  
† Walter & Jozefa Kolodziej

6 PM — URDU  
The Holy Family of Jesus, Mary, and Joseph

## THIS WEEKEND'S MASS READINGS (12/20-12/21)

FIRST READING: Isaiah 7:10-14  
RESPONSORIAL PSALM: 24  
SECOND READING: Romans 1:1-7  
GOSPEL: Matthew 1:18-24

## NEXT WEEKEND'S MASS READINGS (12/27-12/28)

FIRST READING: Sirach 3:2-6, 12-14  
RESPONSORIAL PSALM: 128  
SECOND READING: Colossians 3:12-21  
GOSPEL: Matthew 2:13-15, 19-23

## CONTACT US

Office Phone: (518) 482-3375  
Office E-mail: [blessedsacramentalb@gmail.com](mailto:blessedsacramentalb@gmail.com)  
Office Hours: Monday through Friday, 9a.m. - 4 p.m.  
For submitting bulletin items:  
[bulletin.blessedsacrament@gmail.com](mailto:bulletin.blessedsacrament@gmail.com)

## STAY CONNECTED

### Parish Website

<https://blessedsacramentalbany.org/>

### "Like" us on Facebook

(Sunday Masses are live streamed here)

<https://www.facebook.com/BlessedSacramentCatholicChurch>

### Subscribe to our YouTube

<https://www.youtube.com/@BSCAlbany>

### Follow our Instagram

[https://www.instagram.com/blessed\\_sacrament\\_parish\\_ny/](https://www.instagram.com/blessed_sacrament_parish_ny/)

In case of an **emergency** requiring the ministry of a priest,  
outside parish office hours (and especially in danger of  
death), please contact the priests at (518)482-3375. If no  
one answers, please leave a message.

Your paragraph text

## LESSONS AND CAROLS

Join All Saints Lessons and Carols!  
Monday, December 22<sup>nd</sup> 6:30pm

## NY STATE DISCERNMENT RETREAT

JANUARY 8TH–10TH, 2026  
THE GOOD NEWS CENTER – UTICA, NY  
FOR MEN AGES 18+

Have you felt the Lord tugging at your heart to consider the priesthood?

Young men from across New York State are invited to a powerful weekend retreat designed specifically for those discerning a call to the Catholic priesthood. This annual statewide gathering—sponsored by the Vocation Directors of New York State—offers an ideal space for prayer, fraternity, clarity, and encouragement.

Over the course of the weekend, participants will: Join other discerners from dioceses all across New York Hear dynamic talks on the priesthood from the NYS Vocation Directors Meet and interact with seminarians and hear their vocation stories Grow in prayer and discernment through Mass, Eucharistic Adoration, and guided reflections

Take the next step in discovering God's plan for your life This retreat is a trusted, supportive environment for any young adult Catholic man who desires deeper guidance as he listens for the Lord's call. Whether you have been discerning for years or have only recently begun thinking about the priesthood, you are welcome.

Please register by Thursday, January 1st by emailing [vocations@syrdio.org](mailto:vocations@syrdio.org)

## BLESSED SACRAMENT PARISH STAFF

**Rev. Daniel Quinn, Pastor**

[blessedsacramentalb@gmail.com](mailto:blessedsacramentalb@gmail.com)

**Rev. Stephen Yusko, Parochial Vicar**

[stephen.yusko@rcda.org](mailto:stephen.yusko@rcda.org)

**Rev. Francis O'Connor, Shrine Chaplain**

**Rev. Dr. Gerald Ladouceur, Deacon**

[gladouceur@blessedsacramentschool.net](mailto:gladouceur@blessedsacramentschool.net)

**Ed Savoy, Music Director**

[blessedsacramentalbanymusic@gmail.com](mailto:blessedsacramentalbanymusic@gmail.com)

**Barbara Collen, Administrative Director**

**Marcy Hill, Administrative Assistant**

[blessedsacramentalb@gmail.com](mailto:blessedsacramentalb@gmail.com)

**Carter Gooley, Communications Coordinator**

[cc-blessedsacrament@rcda.org](mailto:cc-blessedsacrament@rcda.org)

## FAITH FORMATION & YOUTH MINISTRY

**Lisanne V. Jensen, Pastoral Associate**

**Shannon Crisafulli, Coordinator**

E-mail: [faithformationbsc@gmail.com](mailto:faithformationbsc@gmail.com)

## WORKS OF MERCY

**Sr. Patricia Lynch, Food Pantry Coordinator**

**Jean Huber, Heidi Stack, Michelle Syrotynski,  
and MaryEllen Walsh, The Boutique**

**Sr. Maureen Joyce Outreach Center**

369 Livingston Ave., Albany, NY 12206  
(518) 462-9885



### MARCH FOR LIFE BUS

HOSTED BY ST. PAUL THE APOSTLE PARISH  
SCHENECTADY, NEW YORK  
FRIDAY, JANUARY 23, 2026

COST PER PERSON: \$75 CHECK OR CASH, \$79 CREDIT CARD.

PLEASE MAIL CHECKS TO  
ST. PAUL THE APOSTLE PARISH, 2777 ALBANY ST. SCHENECTADY, NY 12304

#### DEPARTURE TIMES AND LOCATIONS:

WADE TOURS 1:00AM

CROSSGATES MALL COMMONS (PET SMART) 1:20AM

CATSKILL PARK AND RIDE EXIT 21 2:10AM

DEPARTING WASHINGTON, DC 5:00PM TO RETURN HOME

IF THE BUS IS NOT FILLED BY JANUARY 14, 2026, THE  
TRIP WILL BE CANCELLED. CHECKS WILL BE HELD  
UNTIL THAT TIME.

CAN'T MAKE THE TRIP? YOU CAN STILL SUPPORT  
SOMEONE BY SENDING A DONATION TO ST. PAUL'S.  
WE WILL NEED TO TAKE PUBLIC TRANSPORTATION.  
PLEASE PURCHASE A METRO RAIL PASS IN ADVANCE  
AT WMATA.COM.

"THUS SAYS THE LORD WHO MADE YOU, WHO FORMED YOU FROM THE WOMB AND WILL HELP YOU: FEAR  
NOT, FOR I HAVE REDEEMED YOU; I HAVE CALLED YOU BY NAME, YOU ARE MINE."  
IS 44:2

FOR MORE INFORMATION OR TO REGISTER CONTACT KATIE GROGAN  
GROGAN.K@TUCATHOLIC.ORG  
(518) 377-8886 EXT 106



### FROM OUR URDU COMMUNITY

Every Sunday evening at 6 p.m. at  
Blessed Sacrament, we offer Mass in  
Urdu. All are welcome to join us!



### SHRINE CHURCH OF OUR LADY OF THE AMERICAS

A MISSION OF BLESSED SACRAMENT PARISH

Rev. Francis O'Connor, Chaplain

Rev. Mr. Miguel Fabian, Deacon

Confesora Franco, Pastoral Associate/Faith Formation

Debbie Klose, Organist

273 Central Ave., Albany, NY, 12206; (518) 465-3685

[www.ourladyoftheamericas.org](http://www.ourladyoftheamericas.org)

[OLAmericaShrine@gmail.com](mailto:OLAmericaShrine@gmail.com)

Mass Schedule: Sundays, 9a.m. (English) and 11 a.m.  
(Spanish); Mass and Adoration on Fridays at 6:30 p.m.

\*Mission statement: "We are a vibrant, welcoming,  
multicultural Catholic community in the heart of the City of  
Albany celebrating and ministering the presence of Jesus with  
our parishioners and neighbors."

## FAITH FORMATION & YOUTH MINISTRY

Merry Christmas from Faith Formation!  
May the message of peace that the angels  
proclaimed on the first Christmas resonate in every  
one of your hearts and homes!

Our last large group session of the 2025 calendar  
year was last Sunday and was a great time with  
food, crafts, a special Christmas story and sing  
along! Our first large group session of the 2026  
new year will be Sunday, January 25.

Larger group sessions begin with 9am mass, then  
gathering and breakfast in the gym, then smaller  
breakout sessions until 11:30am, including a  
session for parents. Sacramental preparation  
requires some additional meetings. New registrants  
are always welcome.

To register, please visit the website [www.bscffym.org/register](http://www.bscffym.org/register) and complete the online form. Or,  
if you prefer, call or e-mail our office: (518)  
438-5854; [faithformationbsc@gmail.com](mailto:faithformationbsc@gmail.com). We  
would love to have your family join us!



Mr. Michael T. O'Kane, Principal  
Mrs. Andrea Roberts, Administrative Assistant

School office phone: (518) 438-5854  
School e-mail: [info@blessedsacramentschool.net](mailto:info@blessedsacramentschool.net)  
School website: [www.blessedsacramentschool.net](http://www.blessedsacramentschool.net)  
Social media: [www.facebook.com/BlessedSacramentSchoolAlbany](https://www.facebook.com/BlessedSacramentSchoolAlbany)

-Our new Bishop of Albany, Mark O'Connell, will  
be the primary celebrant at our school Mass on  
Wednesday, January 28th! Please join us!

-Christmas Break is scheduled for Monday,  
December 22nd through January 2nd.

**ALL SAINTS PARISH NURSE  
CAROL HOUGH, RN**

### STAYING HEALTHY OVER THE HOLIDAYS

There are many simple ways you can stay  
healthy over the busy holiday season.

Probably the easiest thing you can do is to wash  
your hands. Hand hygiene is your first line of  
defense to keep yourself and others from  
spreading illness.

Practicing mindful eating helps you balance  
treats with fruits and vegetables.

Avoid excessive alcohol. You should also be  
drinking plenty of water to stay hydrated,  
especially if consuming alcohol.

To maintain food safety, keep raw meats  
separate and be sure to cook foods to the  
proper temperature.

To manage stress, schedule downtime and don't  
overcommit. Remember you can say no if you  
feel overwhelmed.

Prioritize sleep by trying to get at least 7 hours  
of sleep a night.

Dress according to the weather. Instead of  
wearing one big coat you can dress in layers.  
Also keep your ears and fingers covered because  
frostbite can attack these areas quickly.

Wishing everyone a very Merry Christmas and a  
Happy, Healthy 2026.

-Source:cdc.gov

### ST. FRANCIS PRAYER GROUP

Will not meet after the 9 am Mass this weekend, Next  
meeting will be Sunday, 1/18/26, after the 9 am Mass.

**Rosary Night**

**Sacred Heart of Jesus**  
33 Walter Street  
North Albany, New York 12204

**Every Monday Night  
5:30pm**

**Our Theme**  
"Mary has been  
seen all over the World,  
let us honor her in North Albany"

Icons and labels around the poster:

- Fatima
- LaVang
- Guadalupe
- Miraculous Medal
- Banneax
- Star of the Sea
- Immaculate Heart
- Good Help
- Mt. Carmel
- LaSalette
- Knock
- Medjugorje
- Snows
- Lourdes
- Akita



## CHRISTMAS GIVING PROGRAM

Each year Food Pantry clients & eligible school families receive one gift certificate for each child in the household 12 years of age or younger, and a gift certificate to a local supermarket. This year our goal was 175 children and because of all our generous donations we have reached our goal to serve 175 children through our Christmas Giving tree project. Your generous support every year has helped hundreds of families.

**Any additional donations will be used to serve last minute emergency needs of our school and food pantry families.**

Please drop your donation in the collection, at the table in the parking lot vestibule, at the rectory or in the mail to 607 Central Ave., Albany 12206. Indicate that the donation is for the Christmas program. Monetary donations only please. Specific stores have offered us discounts for their certificates.

*Thank you for your generosity.*

## PARISH MINISTRY NEWS

\*Blessed Sacrament has a “**Blanket Ministry**” where members of the parish make blankets for children being baptized here. The blankets must be white only, no other colors, and at least 30”x30”. Thank you for your generous response to our urgent request. We will always have a need for the blankets and will accept them at any time.

## FOOD PANTRY

\*Our food pantry is open on **Mondays and Thursdays**, 10 to 11:30 a.m.

\*Items currently needed at our food pantry are as noted previously: **Chilli, hash, coffee, tea, toilet paper, personal & feminine hygiene products, and household cleaning products.**

## THE BOUTIQUE

**The Boutique will be closed December 26 & 27.**

\*“The Boutique” is Blessed Sacrament Church’s thrift store! **Shopping hours** are 9 a.m. to noon on Saturdays. **Donation** drop offs are Tuesday & Friday, 9 a.m. to noon.

\*The Boutique is in need of volunteers on donation days to sort, discard, hang up and display donated items and on shopping day as customer service help, keeping things neat, and restocking racks when necessary. For more information call the office or email: [blessedsacramentalb@gmail.com](mailto:blessedsacramentalb@gmail.com)

\*Due to space constraints, please hold summer clothing items until spring. We will not accept Christmas items until next October.

## MASS WITH BISHOP MARK O’CONNELL

Bishop Mark O’Connell will be saying Mass here on Sunday, December 21<sup>st</sup> at the 9am.

Please stay after the 9am mass to chat & get to know Bishop Mark as he starts his journey to meet, learn, and understand people in his new Diocese.

## CHRISTMAS EVE & CHRISTMAS DAY MASSES

**(12/24 - 12/25)**

### Blessed Sacrament

Christmas Eve- 4:00 pm

Christmas Day- 9 am and 4 pm in Urdu

### All Saints

Christmas Eve- 4:00 pm

Christmas Day- 10:30 am

### Mater Christi

Christmas Eve- 4:00 pm and 8:00 pm

Christmas Day- 8:00 am

### The Shrine

Christmas Eve- 5:30 pm

Christmas Day- 10:00 am

### St Vincent’s

Christmas Eve- 4:00 pm and 9:00 pm

Christmas Day- 10:00 am

### St. Mary’s

Christmas Eve- 4:00 pm

Christmas Day- 8:00 am

### Cathedral

Christmas Eve- 5:00 pm and Midnight

Christmas Day- 11:00

### Christ our Light

Christmas Eve- 4:00 pm

Christmas Day- 10:00 am

## NEW YEARS EVE AND NEW YEARS DAY MASSES

**(12/31 - 1/1/2026)**

### Blessed Sacrament

New Years Eve- 4 pm

New Years Day- 9 am

## OFFERTORY: SHARING OUR TREASURE

**Regular:** \$8,705

**Flowers:** \$835

**Christmas:** \$600



Blessed Sacrament needs at least \$9,000 each week in our collections to break even — not counting unexpected maintenance costs that might arise. **To donate online, scan the QR code above or visit** [secure.myvanco.com/YHAN/home](https://secure.myvanco.com/YHAN/home).

*The printing of our parish bulletin is generously provided by:*



208 N. Allen St., Albany, NY, 12206; (518) 489-0188  
Visit their website: [www.mcveighfuneralhome.com](http://www.mcveighfuneralhome.com)