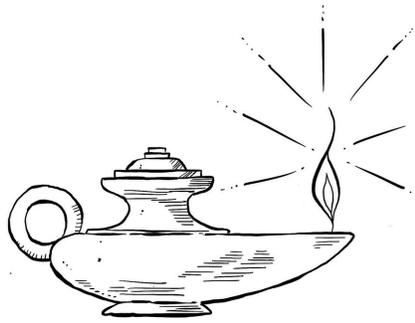


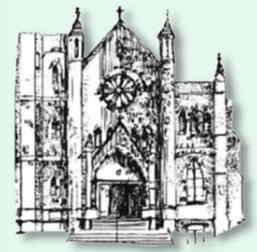
BLESSED SACRAMENT CHURCH

607 Central Ave., Albany, NY 12206



YOU ARE
the
light
OF THE
World

-MATTHEW 5:14-



February 8th
2026

5th Sunday in
Ordinary Time

FROM FATHER YUSKO

Have you ever seen the Milky Way Galaxy with your waking eyes? What about the star speckled sky unimpeded by the pollution of artificial light? For some of us the answer may be yes, but for too many the answer is likely no. In our technocratic age the grandeur of the light of the heavens has often been lost to the light of the earth, and so, we have ceased to look up in awe and wonder at what was made without human hands and instead have become enamored with what was made with human hands; a sensation that often leaves us feeling restless and dissatisfied. I mention this development because something similar has happened in the realm of thought. The pure, majestic, supernatural light of the Gospel has often become obscured by the many man-made (and at times diabolically formulated) ideologies of our time: communism, socialism, unfettered capitalism, liberalism, conservatism, libertarianism, progressivism, nationalism, feminism, transgenderism, and environmentalism to name a few. Just as our artificial lights obscure, distort and impede the natural light of the heavens, so too our ideologies have the tendency of obscuring, distorting and impeding the supernatural light of the Gospel of Jesus Christ in our hearts and in our world. Therefore, if we are to be “the light of the world” with Jesus who is THE “Light of the World”, we must not put the light of the Gospel under the bushel basket of our ideologies, but allow the supernatural light of the Gospel to purify those ideologies that are compatible with the it and exorcise from our midst those that are not. I say with St. Paul, then, “Do not be conformed to this age, but be transformed by the renewal of your mind, that you may discern what is the will of God – what is good and acceptable and perfect (Rom 12:2).” Disconnect and turn away, then, from the voices of the men and women that clamor for your attention and obscure the light of truth. Turn, instead, to the only one who deserves it, Jesus Christ and His Mystical Body, the Church. Turn off your television and open Sacred Scripture. Put down your phone and pick up your Catechism. Silence your podcast and in silence pray. Allow the heavenly light to break through, so that you may not deviate to the left or to the right, but walk with eyes open and conscience clear along the way of truth that leads to everlasting life.

MASS SCHEDULE

DAILY MASS

Monday | 7 am
Tuesday & Thursday | 12 pm
Wednesday | 8:15 am (With School)

SATURDAY VIGIL 4 pm

SUNDAY 9 am & 6 pm Urdu

SACRAMENT OF RECONCILIATION

Tuesday & Thursday | 12:30 pm
Saturday | 3 pm

ADORATION

Tuesday & Thursday | 12:30 pm

1st SATURDAY OF EACH MONTH

Adoration & Reconciliation | 7:30 am
Mass | 9 am

CONTACT US

Office Phone: (518) 482-3375

Office E-mail: blessedsacramentalb@gmail.com

Office Hours: Monday through Friday, 9am-4pm

For submitting bulletin items:

bulletin.blessedsacrament@gmail.com

In case of an emergency requiring the ministry of a priest, outside parish office hours (and especially in danger of death),

please contact the priests at (518)482-3375.

If no one answers, please leave a message.

End-of-year tax statements are available upon request. The request may be made by calling the office (518)482-3375 or sending an email to blessedsacramentalb@gmail.com

MASS INTENTIONS

Saturday (2/7/26)

- † Rose Guiry
- † Sr. Mary Coons
- † Bernadine Fioravanti
- † Janet Gampbell

Sunday (2/8/26)

- † Roger Knuth - 30th Anniversary
- † Darlene Skadra
- † Sam Grimaldi

Monday (2/9/26)

- ♥ David Seaman
- ♥ Federico Mercader-Healing and Thanksgiving

Tuesday (2/10/26)

- † Catherine Kolach
- † John & Mary Lynch
- † Katie Lynch Farrell
- † Casey Ryan Lynch
- † Donald Partyka

Wednesday (2/11/26)

- ♥ Michael Anthony Sparks
- ♥ Bill C.
- † Daniel Rado

Thursday (2/12/26)

- † Helen & Stephen Zakens
- † William Houlton Jr.
- † Robert Mittler & John Mooney

Friday (2/13/26)

NO MASS

Saturday (2/14/26)

Pro Populo (for the people)

Sunday (2/15/26)

- † Daniel Lamphere
- † Daniel Lockart - 5th anniversary
- † Richard Francis

*Please note: Mass intentions with a
† indicate the person is deceased;
♥ indicates that the person is alive.
If you are having a Mass offered and
would like to bring up the gifts, please
see an usher before the liturgy begins.*

BAPTISMS

WEDDINGS

FUNERALS

William "Bill" Stevens

BLESSED SACRAMENT PARISH STAFF

Rev. Daniel Quinn, Pastor
blessedsacramentalb@gmail.com

Rev. Stephen Yusko, Parochial Vicar
stephen.yusko@rcda.org

Rev. Francis O'Connor, Shrine Chaplain

Rev. Dr. Gerald Ladouceur, Deacon
gladouceur@blessedsacramentschool.net

Ed Savoy, Music Director
blessedsacramentalbanymusic@gmail.com

Barbara Collen, Administrative Director

Marcy Hill, Administrative Assistant
blessedsacramentalb@gmail.com

Carter Gooley, Communications Coordinator
cc-blessedsacrament@rcda.org

FAITH FORMATION & YOUTH MINISTRY

Lisanne V. Jensen, Pastoral Associate

Shannon Crisafulli, Coordinator

E-mail: faithformationbsc@gmail.com

WORKS OF MERCY

Sr. Patricia Lynch, Food Pantry Coordinator

**Jean Huber, Heidi Stack, Michelle Syrotynski,
and MaryEllen Walsh, The Boutique**

Sr. Maureen Joyce Outreach Center

369 Livingston Ave., Albany, NY 12206
(518) 462-9885

THE BOUTIQUE

*"The Boutique" is Blessed Sacrament Church's thrift store! **Shopping hours** are 9 a.m. to noon on Saturdays. **Donation** drop offs are Tuesday & Friday, 9 a.m. to noon.

*Due to space constraints, please hold summer clothing items until spring and Christmas items until Fall.

FOOD PANTRY

*Our food pantry is open on **Mondays and Thursdays**, 10 to 11:30 a.m.

*Items currently needed at our food pantry are as noted previously: **Coffee, tea, juice (32 oz), bar soap, toothbrush & toothpaste, feminine hygiene products, and household cleaning products.**

Food Pantry numbers: Households - 145, Children - 104, Adults - 230, and Seniors - 53

BLANKET MINISTRY

*Blessed Sacrament has a "**Blanket Ministry**" where members of the parish make blankets for children being baptized here. The blankets must be white only, no other colors, and at least 30"x30". Thank you for your generous response to our urgent request. We will always have a need for the blankets and will accept them at any time.

The printing of our parish bulletin is generously provided by:

MCVEIGH
FUNERAL HOME, INC.

208 N. Allen St., Albany, NY, 12206; (518) 489-0188
Visit their website: www.mcveighfuneralhome.com

FAITH FORMATION & YOUTH MINISTRY

Faith Formation continues to meet monthly with sessions for all ages, as well as parents, and preparations for First Reconciliation, First Eucharist and Confirmation.

Congratulations to Eleanor, Valentina, Anaya, Emilio, Madelyn, Vera, Jaemario and Landen, as they received the gift of Reconciliation for the very first time yesterday. Please keep them in your prayers as they continue to prepare for their first Eucharist in May.

Our next large group session is this Sunday, February 8. Large group sessions begin with 9am Mass, then gathering and breakfast in the gym, then smaller breakout sessions until 11:30am, including a session for parents. Please watch your email for additional sacramental preparation sessions.

New registrants are always welcome. To register, please visit the website: <https://www.bsc-ffym.org/register> and complete the online form. Or, if you prefer, call or e-mail our office: (518) 438-5854; faithformationbsc@gmail.com. We would love to have your family join us!



FROM OUR URDU COMMUNITY

Every Sunday evening at 6 p.m. at Blessed Sacrament, we offer Mass in Urdu. All are welcome to join us!



SHRINE CHURCH OF OUR LADY OF THE AMERICAS
A MISSION OF BLESSED SACRAMENT PARISH

Rev. Francis O'Connor, Chaplain
Rev. Mr. Miguel Fabian, Deacon
Confesora Franco, Pastoral Associate/Faith Formation
Debbie Klose, Organist

273 Central Ave., Albany, NY, 12206; (518) 465-3685
www.ourladyoftheamericas.org
OLAmericaShrine@gmail.com

Mass Schedule: Sundays, 9a.m. (English) and 11 a.m. (Spanish); Mass & Adoration on the 1st Fridays of each month 6:30 p.m.

*Mission statement: "We are a vibrant, welcoming, multicultural Catholic community in the heart of the City of Albany celebrating and ministering the presence of Jesus with our parishioners and neighbors."



Centered in Faith,
Focused on the Future.

Mr. Michael T. O'Kane, Principal
Mrs. Andrea Roberts, Administrative Assistant
School office phone: (518) 438-5854
School e-mail: info@blessedsacramentschool.net
School website: www.blessedsacramentschool.net
Facebook: www.facebook.com/blessedsacrament_school/
Instagram: https://www.instagram.com/blessedsacrament_school/
BlessedSacramentSchoolAlbany
School Address: 605 Central Ave,
Albany, NY 12206

-We have a new school Instagram! Please follow it!
https://www.instagram.com/blessedsacrament_school/

-The new School Website will be up and running very soon!

-Report cards will be sent home Thursday, February 12th. They will e-mailed to families as well.

-There will be Pre-Valentine's Day ice cream for all students in the afternoon on Friday, February 13th!

-The Yearbook Club will be having a Bake Sale during lunch periods on Friday, February 13th!

-February Break is scheduled for 2/16 through 2/20; no school that week.



SCHOOL BUCKS



Hanging out at the mall? Maybe you're enjoying a sweet treat, or celebrating a big event with a delicious meal. Make sure to turn in your Colonie Center shopping receipts to help our school!

February Bonus Points

3x Points

-Famous Footwear, Torrid, Carter's, JD Sports

4x Points

-Verizon, Zales, Ulta, Upstate Thrift & Apparel

THANK YOU GREG MATUSIC

Thank you to Greg Matusic for continuously creating such beautiful and inspiring bulletin artwork. His work enhances the look of our bulletin and helps share the beauty of Scripture with our parish community week after week. We are truly grateful for his talent and dedication.

The Pope's Monthly Intention

February:

For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

If you would like to see more visit: <https://www.usccb.org/prayers/popes-monthly-intentions-2026>

STAY CONNECTED

“Like” us on Facebook:

(Sunday Masses are live streamed here)
<https://www.facebook.com/BlessedSacramentCatholicChurch>

Subscribe to our YouTube:

<https://www.youtube.com/@BSCAlbany>

Follow our Instagram:

https://www.instagram.com/blessed_sacrament_parish_ny/

Parish Website

<https://blessedsacramentalbany.org/>

THIS WEEKEND'S MASS READINGS (2/7-2/8)

FIRST READING: Isaiah 58:7-10

RESPONSORIAL PSALM: 112

SECOND READING: 1 Corinthians 2:1-5

GOSPEL: Matthew 5:13-16

NEXT WEEKEND'S MASS READINGS (2/14-2/15)

FIRST READING: Sirach 15:15-20

RESPONSORIAL PSALM: 119

SECOND READING: 1 Corinthians 2:6-10

GOSPEL: Matthew 5:17-37

OFFERTORY: SHARING OUR TREASURE

Regular: \$4,614
Additional Fuel: \$385



Blessed Sacrament needs at least \$9,000 each week in our collections to break even — not counting unexpected maintenance costs that might arise.
To donate online, scan the QR code above or visit
secure.myvanco.com/YHAN/home.

VALENTINE CARDS

The Rosary Guild members will be sending Valentine cards to our parishioners who may be homebound or in nursing homes/assisted living facilities. If you have a relative or friend in these circumstances, please call the Rectory (518-482-3375) and let us know their name and address and we will be happy to remember them with a card.

CAPITAL DISTRICT CHAPTER COLUMBIETTE MEETING

On Sunday, February 22nd, 2026 at 1:30 pm, there will be a Capital District Chapter Columbiette Meeting at Latham-Colonie Council #3394, 328 Troy-Schenectady Road, Latham, N.Y. 12110 .

Capital District Chapter President, Linda Cotch will preside!

*There will be a New Member Initiation Ceremony preceding the Chapter Meeting at 12:30 pm.

A LENTEN EUCHARISTIC RETREAT

Mark your calendars for the Eucharistic Retreat – a Lenten Retreat opportunity presented by the Adoro Te Missionary Guild on Saturday, February 28, 2026 from 11 am to 3 pm at All Saints Catholic Church.

Suggestions For Possible Spiritual Reading Leading Up to the Retreat:

Visits to the Blessed Sacrament – St. Alphonsus Liguori
33 Days to Eucharistic Glory – Matthew Kelly
30 Day Eucharistic Revival: A Retreat with St. Peter Julian Eymard – Fr. Donald H. Calloway



Led by the Spirit

A Retreat for Men to Explore the Vocation to Priesthood

12:30-5:30 p.m. on Sunday, March 8 at St. Ambrose Church
Adoration & Confession to follow

Join the Albany Diocese Vocations Team for a daylong retreat centered on vocations to the priesthood. Attendees will interact with members of the Vocations Team and have time for prayer and fellowship as they learn more about this vital vocation and how to discern it.

Bishop Mark will be present to celebrate Mass and for discussion.

For information and registration, visit www.rcda.org/vocations

St. Ambrose Church
347 Old Loudon Rd., Latham NY
(518) 453-6690

