

BLESSED SACRAMENT CHURCH

607 Central Ave., Albany, NY 12206



*What shall I do
with these people?*

EXODUS 17:3-7



March 8th
2026

3rd Sunday of Lent

From Father Yusko

“I die of thirst right by the fountain’s edge...” These words of lament, taken from Francois Villon’s (d. 1465) paradoxical ballad, can be placed upon the lips of the Samaritan woman as she first encounters Christ in our Gospel for this third Sunday of Lent. Coming to the well, is she not dying of thirst? Filling her jar, is she not dying of thirst? Even as she drinks, is she not still dying of thirst? Despite all of her attempts, her thirst is unquenched, her desires are unsatisfied, and her infinite longing is unappeased. In the noonday sun, those things by which she seeks to quench her thirst are nothing but mirages – Illusions that promise satisfaction, but that evaporate before her very eyes, even as she tricks herself into believing that her thirst is quenched and she is no longer dying. Yet, dying she is. What is more, at that well outside of Sychar, she is truly “dying of thirst right by the fountain’s edge.” However, the edge of that fountain is not the well that she has sought, but the strange Jew, Jesus Christ, sitting beside it, whom she has not sought, but who has sought her. The one who says: “Give me a drink”, and who will one day soon cry out from the cross, “I thirst,” desires for her to live. But for her to live, she must be the one to drink. He may put the cup in her hands or even press it to her lips, but she must be the one who, in faith, accepts and drinks it. Providentially, for her – and for us – she does accept. She does believe. She does drink. And as she drinks of the “living water,” poured into her heart through faith in Christ, she is now revived by the fountain’s edge. Animated now with new life, she goes forth like a stream carrying that life giving water to those other Samaritans who, like her, lay there dying of thirst by the fountain’s edge – by the Savior, Jesus Christ. To live, they too need only to believe and drink. We all have much in common with this Samaritan woman. We all at one point in our life have been “dying of thirst by the fountain’s edge.” We all have sought to satiate our desires and quench our thirst by indulging in improper relationships, pursuing base pleasures, power, or striving for wealth and good health. We have all searched for oases and found only deserts. That is, until our eyes were opened and our gaze captured by the one who stooped down to us, the fountain who whispered in our dire need: “take and drink.” Do not go back to those deserts. Do not continue to pursue the mirage. Rather, drink ever more deeply from the fountain of life, Jesus Christ, and become streams of that same “living water” that brings other people to life in Christ.

MASS SCHEDULE

DAILY MASS

Monday | 7 am
Tuesday, Thursday & Friday | 12 pm
Wednesday | 8:15 am (with School)

SATURDAY VIGIL

4 pm

SUNDAY

9 am & 6 pm Urdu

SACRAMENT OF RECONCILIATION

Tuesday & Thursday | 12:30 pm
Saturday | 3 pm

ADORATION

Tuesday & Thursday | 12:30 pm

1st SATURDAY OF EACH MONTH

Adoration & Reconciliation | 7:30 am
Mass | 9 am

STATIONS OF THE CROSS (During Lent)
Friday | 12:30 pm (after the 12 pm Mass) & 6 pm (Urdu)

CONTACT US

Office Phone: (518) 482-3375

Office E-mail: blessedsacramentalb@gmail.com

Office Hours: Monday through Friday, 9am-4pm

For submitting bulletin items:

bulletin.blessedsacrament@gmail.com

*In case of an emergency requiring the ministry of a priest,
outside parish office hours (and especially in danger of death),
please contact the priests at (518)482-3375.
If no one answers, please leave a message.*

MASS INTENTIONS

Saturday (3/7/26)

† Gary Matthews

† V. Joseph Zell

Sunday (3/8/26)

Pro Populo (Mass for the people)

Monday (3/9/26)

♥ Bill C.

Tuesday (3/10/26)

† John & Mary Lynch

† Casey Ryan Lynch

† Donald Partyka

† Katie Lynch Farrell

† Richard J. Stevens (1st Anniversary)

Wednesday (3/11/26)

♥ Matsui Cromie Family

♥ Simon Kim

† Jim Thompson

Thursday (3/12/26)

♥ Libby McKeen

† Robert Mittler

† Brian McCabe

Friday (3/13/26)

♥ Michael Anthony Sparks

♥ Christina Kim

Saturday (3/14/26)

† Betty Canopy

† V. Joseph Zell

† Victor Alicea Sr.

Sunday (3/15/26)

♥ Virginia Cromie

♥ Tammy Forster

† Allyssa Tillson Moody

*Please note: Mass intentions with a
† indicate the person is deceased;
♥ indicates that the person is alive.
If you are having a Mass offered and
would like to bring up the gifts, please
see an usher before the liturgy begins.*

BAPTISMS

Charles Peter Gray

WEDDINGS

FUNERALS

BLESSED SACRAMENT PARISH STAFF

Rev. Daniel Quinn, Pastor

blessedsacramentalb@gmail.com

Rev. Stephen Yusko, Parochial Vicar

stephen.yusko@rcda.org

Rev. Francis O'Connor, Shrine Chaplain

Rev. Dr. Gerald Ladouceur, Deacon

gladouceur@blessedsacramentschool.net

Ed Savoy, Music Director

blessedsacramentalbanymusic@gmail.com

Barbara Collen, Administrative Director

Marcy Hill, Administrative Assistant

blessedsacramentalb@gmail.com

Carter Gooley, Communications Coordinator

cc-blessedsacrament@rcda.org

FAITH FORMATION & YOUTH MINISTRY

Lisanne V. Jensen, Pastoral Associate

Shannon Crisafulli, Coordinator

E-mail: faithformationbsc@gmail.com

WORKS OF MERCY

Sr. Patricia Lynch, Food Pantry Coordinator

Jean Huber, Heidi Stack, Michelle Syrotynski,

and MaryEllen Walsh, The Boutique

Sr. Maureen Joyce Outreach Center

369 Livingston Ave., Albany, NY 12206

(518) 462-9885

THE BOUTIQUE

*"The Boutique" is Blessed Sacrament Church's thrift store! **Shopping hours** are 9 a.m. to noon on Saturdays. **Donation drop offs** are Tuesday & Friday, 9 a.m. to noon.

*Due to space constraints, please hold summer clothing items until spring and Christmas items until Fall.

FOOD PANTRY

*Our food pantry is open on **Mondays and Thursdays**, 10 to 11:30 a.m.

*Items currently needed at our food pantry are as noted previously: **Coffee, tea, laundry detergent and household cleaning products.**

Food Pantry numbers: Households - 151, Children - 111, Adults - 260, and Seniors - 63

THIS WEEKEND'S MASS READINGS (3/7-3/8)

FIRST READING: Exodus 17:3-7

RESPONSORIAL PSALM: 95

SECOND READING: Romans 5: 1-2, 5-8

GOSPEL: John 4:5-42

NEXT WEEKEND'S MASS READINGS (3/14-3/15)

FIRST READING: 1 Samuel 16:1b, 6-7, 10-13a

RESPONSORIAL PSALM: 23

SECOND READING: Ephesians 5:8-14

GOSPEL: John 9:1-41

The printing of our parish bulletin is generously provided by:

MCVEIGH
FUNERAL HOME, INC.

208 N. Allen St., Albany, NY, 12206; (518) 489-0188

Visit their website: www.mcveighfuneralhome.com

FAITH FORMATION & YOUTH MINISTRY

Faith Formation continues to meet monthly with sessions for all ages and preparation for First Reconciliation, First Eucharist and Confirmation.

Please pray for Eleanor, Valentina, Anaya, Emilio, Madelyn, Vera, Jaemario and Landen who attended a retreat with students from the school last weekend focused on preparing for their upcoming First Communion.

Our next large group session is Sunday, March 22. Large group sessions begin with 9am mass, then gathering and breakfast in the gym, then smaller breakout sessions until 11:30am, including a session for parents. Please watch your email for additional sacramental preparation sessions.

New registrants are always welcome. To register, please visit the website www.bsc-ffym.org/register and complete the online form. Or, if you prefer, call or e-mail our office: (518) 438-5854; faithformationbsc@gmail.com. We would love to have your family join us!



FROM OUR URDU COMMUNITY

Every Sunday evening at 6 p.m. at Blessed Sacrament, we offer Mass in Urdu. All are welcome to join us!



SHRINE CHURCH OF
OUR LADY OF THE AMERICAS
A MISSION OF BLESSED SACRAMENT PARISH

Rev. Francis O'Connor, Chaplain
Rev. Mr. Miguel Fabian, Deacon
Confesora Franco, Pastoral Associate/Faith Formation
Debbie Klose, Organist

273 Central Ave., Albany, NY, 12206; (518) 465-3685
www.ourladyoftheamericas.org
OLAmericaShrine@gmail.com

Mass Schedule: Sundays, 9a.m. (English) and 11 a.m. (Spanish); Mass & Adoration on the 1st Fridays of each month 6:30 p.m.

*Mission statement: "We are a vibrant, welcoming, multicultural Catholic community in the heart of the City of Albany celebrating and ministering the presence of Jesus with our parishioners and neighbors."



Mr. Michael T. O'Kane, Principal
Mrs. Andrea Roberts, Administrative Assistant
School office phone: (518) 438-5854
School e-mail: info@blessedsacramentschool.net
School website: www.blessedsacramentschool.net
Facebook: www.facebook.com/blessedsacrament_school/
Instagram: https://www.instagram.com/blessedsacrament_school/
BlessedSacramentSchoolAlbany
School Address: 605 Central Ave,
Albany, NY 12206

We are excited to share that Blessed Sacrament School earned **1st place** in the Colonie Center School Bucks Program, winning **\$8,000** for our school! A huge thank you to everyone in our school and parish community who supported us by shopping, submitting receipts, and cheering us on. Your support truly makes a difference for our students!

We would also like to extend a special thank you to Colonie Center for sponsoring the School Bucks Program and supporting local schools.

BLESSED SACRAMENT SCHOOL'S
EASTER FUNDRAISER
ALL ORDERS DUE BY
MARCH 12, 2026
CROCUS, HYACINTHUS, IRIS,
MINI DAFFODILS- \$3.00 PER
PLANT FOR A CASE OF 18
GERBER DAISIES, RIEGER
BEGONIAS, AFRICAN
VIOLETS, AND MUMS \$4 PER
PLANT FOR A CASE OF 18
FOR QUESTIONS OR ORDERS CONTACT
MICHELE WILDZUMAS • 518-487-9333 AT
OSBORNE MILLS NURSERY
PAYMENT IS REQUIRED BY CHECKS
PAYABLE TO MICHELE A. WILDZUMAS



SCHOOL BUCKS



Hanging out at the mall? Maybe you're enjoying a sweet treat, or celebrating a big event with a delicious meal. Make sure to turn in your Colonie Center shopping receipts to help our school!

March Bonus Points

3x Points

-L.L. Bean, Stitch-N-Time, Simply Beautiful, and Paul Mitchell

4x Points

-Box Luch, Ulta Beauty, Lids, and Sephora

DONATIONS FOR ALTAR SERVER ALBS

For the bulletin, we have received enough to cover the cost of the pink vestments any overage will be used to replace some of the altar server albs.

ROSARY GUILD

Will meet on Thursday March 12th at 12:30pm in the Church basement. We'll be collecting feminine hygiene products for the food pantry, and handing out Easter cards to be sent to the Home bound and Nursing Homes. There will be corned beef sandwiches for lunch. Also keep making baby blankets, and sweater sets for our Baby Shower on Sunday April 12th. All women of the Parish are welcome to attend.

COLLECTION FOR CATHOLIC RELIEF SERVICES

For many years, across the globe Catholic Relief Services has helped families facing wars, natural disasters, political strife, extreme poverty, and human trafficking. Historically, the CRS Collection helps to provide for basic humanitarian needs, protect vulnerable children, and reunite families. The reach of this Collection spans the globe helping families on every continent, with an array of ethnicities and backgrounds, addressing a myriad of needs. Next weekend (3/14-15) our parish will take up The Catholic Relief Services Collection. Funds from this collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Please consider giving to the Collection and reveal Christ's love to those most in need.

If you would like more information on Catholic Relief Services and their current emergency relief efforts, please visit the website: <https://www.crs.org/>

STAY CONNECTED

"Like" us on Facebook:

(Sunday Masses are live streamed here)

<https://www.facebook.com/BlessedSacramentCatholicChurch>

BlessedSacramentCatholicChurch

Subscribe to our YouTube:

<https://www.youtube.com/@BSCAlbany>

Follow our Instagram:

https://www.instagram.com/blessed_sacrament_parity_ny/

blessed_sacrament_parity_ny/

Parish Website:

<https://blessedsacramentalbany.org/>

OFFERTORY: SHARING OUR TREASURE

Regular: \$7,279.45



Blessed Sacrament needs at least \$9,000 each week in our collections to break even — not counting unexpected maintenance costs that might arise.

To donate online, scan the QR code above or visit secure.myvanco.com/YHAN/home.

FROM THE PASTOR'S DESK:

New Mass Schedule Starting After Easter

When there is a turnover in pastoral leadership, it's not an easy or quick task to get to know the parishes, the families, the students, the clubs, the hangouts, the homeless. Much of it only comes with time. Pope Francis emphasized, in a quippy way, that pastors should "smell like their sheep." So, like being a husband or father, the role of a priest in relation to the parish isn't only one of fulfilling certain duties or jobs, but of being there, getting to know his kids as they grow, and ensuring they all become adults, particularly in a spiritual sense. It's their role to love and sacrifice and play and pray with them and for them all, so that all may come together to resemble the true head of the family: Jesus. By restructuring our time together on the Lord's Day, I'm hoping we can facilitate improved familiarity between all the people of our parishes in our city: whether they are children or adults or deacons or priests or consecrated religious sisters and brothers. It may seem that parishes are the usual place for priests to spend their lives and ministry, with the family that surrounds the neighborhood or village church. While that is generally true, there are a number of ways that priests may serve. They work as hospital chaplains, caring for the spiritual needs of the sick in the hospital, as well as for the physicians, nurses, and administrators, and often dealing with the questions of medical ethics that arise. Some serve as prison chaplains, serving the particular (and in my opinion, strange) society of prisoners and corrections officers, being agents of heroic forgiveness while operating in a system with mechanisms that operate on a high level of justice and merit. They work for conversion and metanoia in a place where growth and change may otherwise not be fostered. Military chaplains have to be agents of divine peace and order in an environment of conflict, violence, and sometimes chaos. Being called to be a peacemaker when the work of the organization is to recognize threats can be heroic. Meanwhile, some other priests work in academia, teaching at universities and at seminaries, spending their time in studies and in teaching. But what all priests hold in common is the offering of the sacraments for the sanctification of the people of God entrusted to their care. Of all the sacraments, though, what very much defines a priest's ministry in any of these places? Sure, in a university there may not be much of a need for the Anointing of the Sick. In a prison there is not often a need for marriage preparation and the celebration of a Wedding. In hospitals, there is not much of a demand for academic-heavy homilies when patients and their families are in a more emotional space. But in all of these places, the priest's role is to birth new members into the world, and then to gather the family together around God's table and to feed them with the Bread that comes down from Heaven. Therefore, Baptism and Eucharist are, in a way, our primary sacraments, and are the primary concern of priests in whatever milieu we find ourselves. We prioritize our mealtimes each day, our family feeding times over and above all the other obligations we have, but we must also prioritize the sacrificial meal that we are invited to by our God, recognizing in it a foretaste of the banquet of heaven.