

BLESSED SACRAMENT CHURCH

607 Central Ave., Albany, NY 12206



*Forever I will sing
the goodness of the Lord*

- PSALM 89



June 28
2026

Thirteenth
Sunday in
Ordinary Time

FROM LISANNE JENSEN

This time of year showcases breathtaking garden blooms. (Peonies, lilacs, dahlias, and zinnias are my favorite!) Their beauty reminds me of St. Teresa of Avila's autobiography, where she compares the human soul to a garden – and prayer life to different ways of watering this “garden.” She describes a prayer journey from intense personal effort to complete surrender and grace:

1) Drawing water from a well. Hauling the bucket yourself, perhaps to and from a great distance, requires much time, effort, and physical difficulty. St. Teresa says that prayer can sometimes seem challenging, too, especially if you're just starting out. You need effort, focus, and discipline to quiet your mind.

2) Using a water wheel. St. Teresa explains that you still exert effort to turn the wheel, but a pulley system brings water to you – representing a deepening of prayer where God provides more assistance.

3) Irrigation from a stream. Water flows naturally through the garden from a nearby river, so you can rest more and enjoy the fruits of His grace. Constant, meaningful conversation with God – as well as listening – helps “irrigate the soul.”

4) Heavy rain. God waters the garden entirely, requiring no work from you. All you need to do is receive His love, basking in the gift of His divine presence.

St. Teresa's words also make me think about the Gospel story of the Samaritan woman at the well (John 4:4-42). This woman seems to experience these four stages of prayer as well:

1) Coming to the well during the hottest part of the day, carrying a heavy earthen jug for several miles, and enduring hard, physical labor to draw water and provide for her family.

MASS SCHEDULE

DAILY MASS

Monday | 7 am
Tuesday & Thursday | 12 pm
Wednesday | 7 am

SATURDAY VIGIL

5 pm

SUNDAY

9 am & 6 pm Urdu

SACRAMENT OF RECONCILIATION

Tuesday & Thursday | 12:30 pm
Saturday | 4 pm

ADORATION

Tuesday & Thursday | 12:30 pm

1st SATURDAY OF EACH MONTH

Adoration & Reconciliation | 7:30 am
Mass | 9 am

CONTACT US

Office Phone: (518) 482-3375

Office E-mail: blessedsacramentalb@gmail.com

Office Hours: Monday through Friday, 9am-4pm

For submitting bulletin items:

bulletin.blessedsacrament@gmail.com

In case of an emergency requiring the ministry of a priest, outside parish office hours (and especially in danger of death), please contact the priests at (518)482-3375. If no one answers, please leave a message.

MASS INTENTIONS

Saturday (6/27/26) 5:00 pm

♡ Bill C

† Leonora Rebeca Leon Rodriguez

† Barbara Cavalieri

† Luz Mercader

♡ Michael Anthony Sparks

Sunday (6/28/26) 9:00 am

♡ Virginia Cromie

† Mary Ellen Kalled

† Teotimo 'Tim' Mendez

† Leslie Qigley Barley

Monday (6/29/26) 7:00 am

† Luz Mercader

♡ Michael Anthony Sparks

† Margaret 'Peg' Curley

Tuesday (6/30/26) 12:00 pm

† Luz Mercader

♡ Michael Anthony Sparks

† Joseph Young-Ki Kim

Wednesday (7/1/26) 7:00 am

† Luz Mercader

♡ Michael Anthony Sparks

♡ Sarah Hollo

Thursday (7/2/26) 12:00 pm

♡ Virginia Cromie

† Luz Mercader

♡ Michael Anthony Sparks

† Franz Nicotina

Friday (7/3/26) NO MASS

Saturday (7/4/26) 5:00 pm

† V. Joseph Zell

♡ Bill C

♡ Michael Anthony Sparks

Sunday (7/5/26) 9:00 am

† Jack & Brian Cromie

† Mary Ellen Kalled

♡ Soon-ja Kim

† Ernest Barvoets

Please note: Mass intentions with a

† indicate the person is deceased;

♡ indicates that the person is alive.

*If you are having a Mass offered and
would like to bring up the gifts, please
see an usher before the liturgy begins.*

BAPTISMS

Musa Mustaq

WEDDINGS

FUNERALS

BLESSED SACRAMENT PARISH STAFF

Rev. Daniel Quinn, Pastor

blessedsacramentalb@gmail.com

Rev. Dr. Gerald Ladouceur, Deacon
gladouceur@blessedsacramentschool.net

Ed Savoy, Music Director
blessedsacramentalbanymusic@gmail.com

Barbara Collen, Administrative Director

Marcy Hill, Administrative Assistant

blessedsacramentalb@gmail.com

FAITH FORMATION & YOUTH MINISTRY

Lisanne V. Jensen, Pastoral Associate

Shannon Crisafulli, Coordinator

E-mail: faithformationbsc@gmail.com

WORKS OF MERCY

Sr. Patricia Lynch, Food Pantry Coordinator

**Jean Huber, Heidi Stack, Michelle Syrotynski,
and MaryEllen Walsh, The Boutique**

Sr. Maureen Joyce Outreach Center

369 Livingston Ave., Albany, NY 12206

(518) 462-9885

THE BOUTIQUE

*"The Boutique" is Blessed Sacrament Church's thrift store! **Shopping hours** are 9 a.m. to noon on Saturdays. **Donation** drop offs are Tuesday & Friday, 9 a.m. to noon.

*Due to space constraints, please hold fall/winter clothing items until end of summer, and Christmas items until Fall.

FOOD PANTRY

*Our food pantry is open on **Mondays and Thursdays**, 10 to 11:30 a.m.

*Items currently needed at our food pantry are as follows: **mashed potatoes, canned hash, stew & chili, macaroni & cheese, tuna, cereal.**

THIS WEEKEND'S MASS READINGS (6/28/2026)

FIRST READING: 2Kings 4:8-11, 14-16a

RESPONSORIAL PSALM: 89

SECOND READING: Romans 6:3-4, 8-11

GOSPEL: Matthew 10:37-42

NEXT WEEKEND'S MASS READINGS (7/5/2026)

FIRST READING: Zechariah 9:9-10

RESPONSORIAL PSALM: 145

SECOND READING: Romans 8:9, 11-13

GOSPEL: Matthew 11:25-30

The printing of our parish bulletin is generously provided by:

MCVEIGH
FUNERAL HOME, INC.

208 N. Allen St., Albany, NY, 12206; (518) 489-0188

Visit their website: www.mcveighfuneralhome.com

SCHOOL BUCKS

Hanging out at the mall? Maybe you're enjoying a sweet treat, or celebrating a big event with a delicious meal. Make sure to turn in your Colonie Center shopping receipts to help our school!

June Bonus Points

3x Points - H&M, Foot Locker, Ulta, Carter's
4x Points - J.Crew, Famous Footwear, Express, Zales

Earn 100 Bonus School Bucks Points for each public social media post about the School Bucks Program that tags @ColonieCenter and includes your school's official School Bucks hashtag. Bonus points are awarded per post and are capped at 500 Bonus Points per participating school, per month (not per individual participant). Posts must be public and remain live for at least 24 hours to qualify. Duplicate or repetitive content may not be eligible, and Colonie Center reserves the right to review and approve all qualifying posts.



FROM OUR URDU COMMUNITY

Every Sunday evening at 6 p.m. at Blessed Sacrament, we offer Mass in Urdu. All are welcome to join us!



SHRINE CHURCH OF OUR LADY OF THE AMERICAS

A MISSION OF BLESSED SACRAMENT PARISH

Rev. Francis O'Connor, Chaplain
 Rev. Mr. Miguel Fabian, Deacon
 Confesora Franco, Pastoral Associate/Faith Formation
 Debbie Klose, Organist

273 Central Ave., Albany, NY, 12206; (518) 465-3685
www.ourladyoftheamericas.org
OLAmericaShrine@gmail.com

Mass Schedule: Sundays, 9 a.m. (English) and 11 a.m. (Spanish); Mass & Adoration on the 1st Fridays of each month 6:30 p.m.

*Mission statement: "We are a vibrant, welcoming, multicultural Catholic community in the heart of the City of Albany celebrating and ministering the presence of Jesus with our parishioners and neighbors."

OFFERTORY: SHARING OUR TREASURE

Regular: \$6,315

Envelopes were mailed 6/22. Next second collection is scheduled for July 19, School Support



Blessed Sacrament needs at least \$9,000 each week in our collections to break even — not counting unexpected maintenance costs that might arise. **To donate online, scan the QR code above or visit secure.myvanco.com/YHAN/home.**



Mr. Michael T. O'Kane, Principal
 Mrs. Andrea Roberts, Administrative Assistant
 School office phone: (518) 438-5854
 School e-mail: info@blessedsacramentschool.net
 School website: www.blessedsacramentschool.net
 Facebook: www.facebook.com/blessedsacrament_school/
 Instagram: https://www.instagram.com/blessedsacrament_school/
 Blessed Sacrament School Albany
 School Address: 605 Central Ave., Albany, NY 12206

BLESSED SACRAMENT SCHOOL

Growing in Faith. Learning for Life.

We are offering

UPK

for 3-year-olds through the

ALBANY SCHOOL DISTRICT

AND FOR THE FIRST TIME, we will be offering

A MULTI-AGE CLASSROOM!



A multi-age classroom brings together students from two grade levels in one learning environment. While this model is new to some of our families, it has been successfully implemented in many schools and offers a number of educational, social, and emotional benefits for students.

SOME OF THE ADVANTAGES OF MULTI-AGE CLASSROOMS INCLUDE:

- Encouraging students to work collaboratively and support one another
- Allowing children to learn at their own pace and readiness level
- Building leadership, independence, and confidence
- Providing opportunities for peer mentoring and cooperative learning
- Helping students develop flexibility, communication, and problem-solving skills
- Creating a classroom environment that more closely reflects real-world settings where people of different ages and abilities work together



Research has shown that students in multi-age classrooms often develop stronger social skills, greater empathy, and increased academic confidence. These environments can also foster a deeper sense of community and belonging within the classroom.



Faith. Community. Learning. Together.

FAITH FORMATION & YOUTH MINISTRY

Regular sessions will resume in September.* To register for next year, please visit the website www.bscffym.org/register and complete the online form. Or, if you prefer, call or e-mail our office: (518) 438-5854; faithformationbsc@gmail.com. We would love to have your family join us!

Continued, From Lisanne Jensen:

2) Then, unknowingly encountering Jesus Himself, whom she asks for relief from her daily burdens: "Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water."

3) Next, she discovers that this man truly seems to know her, so she thinks that he is a prophet – and her heart becomes lighter and more joyful ("irrigation").

4) Last, she realizes that she is speaking with Jesus Himself and allows her soul to be completely drenched by this living, eternal water that requires no work from her.

Immediately, she drops her jug and runs excitedly to tell everyone about Jesus: "Come see a man who told me everything I have done!" Much like nourishing, heavy rain, prayer is also a refreshing and renewing gift. May we, too, always run with excitement to share our faith with others and allow God to uplift us through prayer!

Mary, Our Lady of Light Rosary Group

When: Every 2nd & 4th Wednesday,
beginning July 8, 2026

Time: 5:30 pm

Where: Blessed Sacrament Church
All are Welcome!

Contact: Marcy Hill, text/call 518-637-6311
or email: rosarylight@aol.com

SAVE THE DATE: Rev. Kenneth J. Doyle Golf Tournament: Monday, September 21, 2026. Proceeds benefit the Catholic Schools in the Albany Diocese, this includes Blessed Sacrament. More details to follow as we get closer to the date.

CANCELLED - The Pilgrimage to the Holy Land with Fr. Francis Maurice, scheduled for October 10-29, 2026 has been cancelled due to unrest in the area. The hope is that next year the area will be stable enough to reschedule.

STAY CONNECTED

"Like" us on Facebook:

(Sunday Masses are live streamed here)

<https://www.facebook.com/BlessedSacramentCatholicChurch>

Subscribe to our YouTube:

<https://www.youtube.com/@BSCAlbany>

Follow our Instagram:

https://www.instagram.com/blessed_sacrament_parish_ny/

Parish Website:

<https://blessedsacramentalbany.org/>

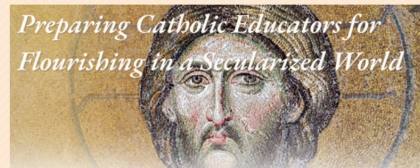


**CARDINAL McCLOSKEY
BISHOP MAGINN
ALL SAINTS ACADEMY**

Calling Alumni of the above schools! The tabernacle that has been at the center of the chapel of these institutions is being donated to Holy Trinity Church in Agsam, Lanuza, Suriago del Sur, Philippines.

We'd like to send it off with a blessing for its new owners, and to let our brothers and sisters there know its history and also of our prayers for them. Please send any stories/reflections of the tabernacle when it was at your school, any prayers/thoughts you would like to extend to Holy Trinity parishioners to Blessed Sacrament's parish office or by email to: blessedsacramentalb@gmail.com. The tabernacle will be picked up and shipped on July 11 so please have any notes, reflections, prayers to the office by July 10. Also please share this with anyone you know who was an alumni of any of these schools.

*Preparing Catholic Educators for
Flourishing in a Secularized World*



CATECHETICAL INSTITUTE

Franciscan University of Steubenville

**Partners with the Office for Discipleship Formation
to offer online courses - AT NO COST**

**Enrich your own faith or
learn with a group**

FREE TO EVERY PARISH IN OUR DIOCESE

**Click on QR Code
to Access Courses**



Or log onto <https://franciscanathome.com/diocese-albany>



EWTN'S "Hidden Gems" episode about the Shrine will air on St Kateri's Feast Day, Tues, July 14, 11:30am ET and encore at 11:30pm ET. What a wonderful addition to her feast day celebration!